

## **Breathe on Me!**

### **Life Created**

#### **Gen 2:7**

*And the LORD God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul.*

**Expo-** When God blew into the nostrils of Adam he created a living soul  
Take note that Adam was already formed in the likeness of God but was not living.  
The writer "Moses" here is letting us know that it's more to being alive than a look.  
It takes an impartation from a living God to bring create a living soul.  
We here read what is known as the first artificial resuscitation.  
However, there is nothing artificial about the work of God.  
The word resuscitation is also not applicable for Adam had never been alive so life was given to man for the first time in ever.

We later read about Noah and find that the ark contained the breath of life.

#### **Gen 7:15**

*And they went in unto Noah into the ark, two and two of all flesh, wherein is the breath of life.*

Brother Job advised that the spirit of God was in his nostrils constantly reminding him that he was still alive.

#### **Job 27:3**

*All the while my breath is in me, and the spirit of God is in my nostrils;*

### **Life Renewed**

Then in the Gospel of Saint John we find the writer explains the blessing that was given to the disciples prior to them leaving for Jerusalem. Here we find Jesus breathing on the disciples and told them to receive the Holy Ghost.

\* This in its self would be the resuscitating breath given to the people of God bring forth life after death.

#### **John 20:21-22**

**21** Then said Jesus to them again, Peace be unto you: as my Father hath sent me, even so send I you.

**22** And when he had said this, he breathed on them, and saith unto them, Receive ye the Holy Ghost:

The promise was given and he breathe was breathed but the season of birth had not occurred. So God sent a reminder "**a sound of a rushing mighty wind**" The the saints began the rebirthing process. The where filled with the promise but the the promise need to make them breath.

#### **Acts 2:1-4**

**1** And when the day of Pentecost was fully come, they were all with one accord in one place.

**2** And suddenly there came a sound from heaven as of a rushing mighty wind, and it filled all the house where they were sitting.

**3** And there appeared unto them cloven tongues like as of fire, and it sat upon each of them.

**4** And they were all filled with the Holy Ghost, and began to speak with other tongues, as the Spirit gave them utterance.

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## Waiting to exhale

The breath that was breathed on them in Bethany was now ready to bring forth life. The reconciliation of man and God was now brought forth. For man once again had the opportunity to be a living soul.

Turn to your neighbor and say, **“Get out of my way I’m about to Exhale!”**

There is a breath inside of you that wants to come out.

The breath of life that has been breathed into you has not left

### **Heb 13:5**

Let your conversation be without covetousness; and be content with such things as ye have: for he hath said, I will never leave thee, nor forsake thee.

There is a breath that was breathed in you that has laid in stasis, idle but not dead. It has been gestating maturing and waiting on your season to let it out.

### **2 Tim 1:6**

Wherefore I put thee in remembrance that thou stir up the gift of God, which is in thee by the putting on of my hands.

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## Breath is the sign of life.

In the natural breath is the major evidence of life. This can be observed when a newborn child is born the doctor does not reach for his stethoscope to hear the child’s heart palpitations but he strikes the child to hear the voice or prove that the child is breathing. The emphasis is of the breathing contrary to popular thought is not the inhalation but the exhale.

For, it is the exhale that makes the real noise.

- Breath in the natural sense:
- Can be felt.
- Can be heard.
- Can not be seen .....even though the effects of breath or breathing can be visualized.

What an example that God gives us he uses the very life giving force of air “breath” to represent the life that he first gave to us “Adam” and the second life “being born again”

Breath in the bible represents life and or life giving power and is interchangeable with wind!

**Now this brings a brand new meaning to:**

### **Ps 150:6**

*Let every thing that hath breath praise the Lord. Praise ye the Lord.*

*You can’t really praise him without his breath living in you!*